

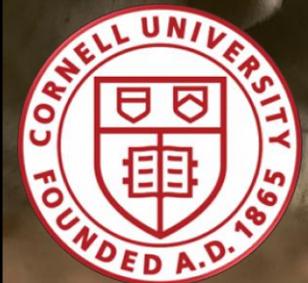


# How much does ketosis cost and how can we minimize this impact?

---

**Jessica A. A. McArt, DVM, PhD,  
DABVP (Dairy Practice)**

Population Medicine & Diagnostic Sciences  
College of Veterinary Medicine  
Cornell University  
Ithaca NY 14853





# Overview

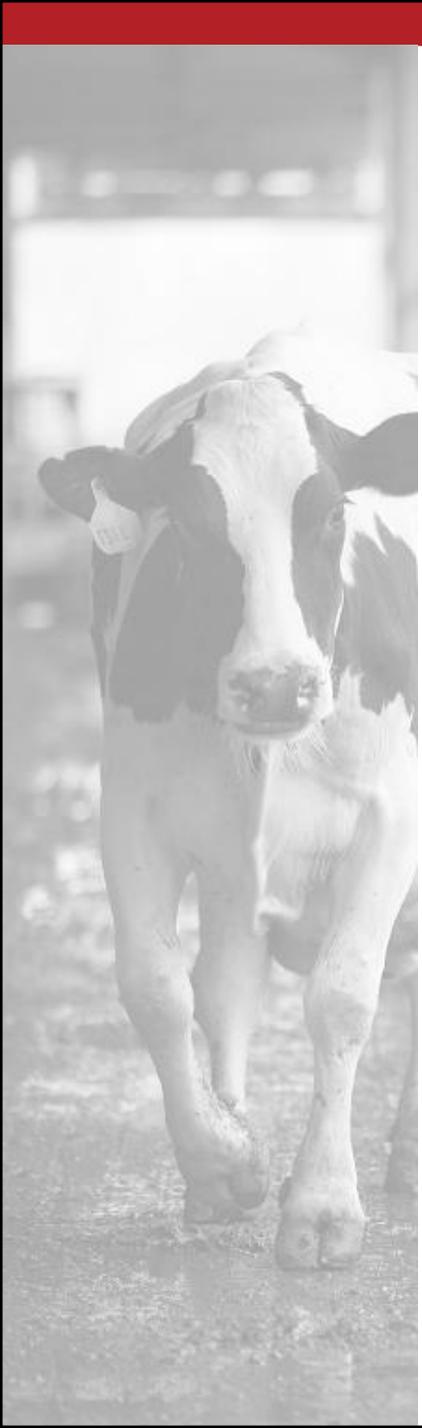
- Herd-level impact of ketosis
- Herd-level disease monitoring
- Calculation of ketosis costs
- Ketosis prevention



# Understanding herd-level impact of ketosis

# Do we know which cows are ketotic?

- If we don't look for hyperketonemic cows, we don't know they are there.
  - We know hyperketonemic cows:
    - Produce less milk
    - Have an increased risk of disease
    - Have poorer reproductive outcomes
- = economic losses!*

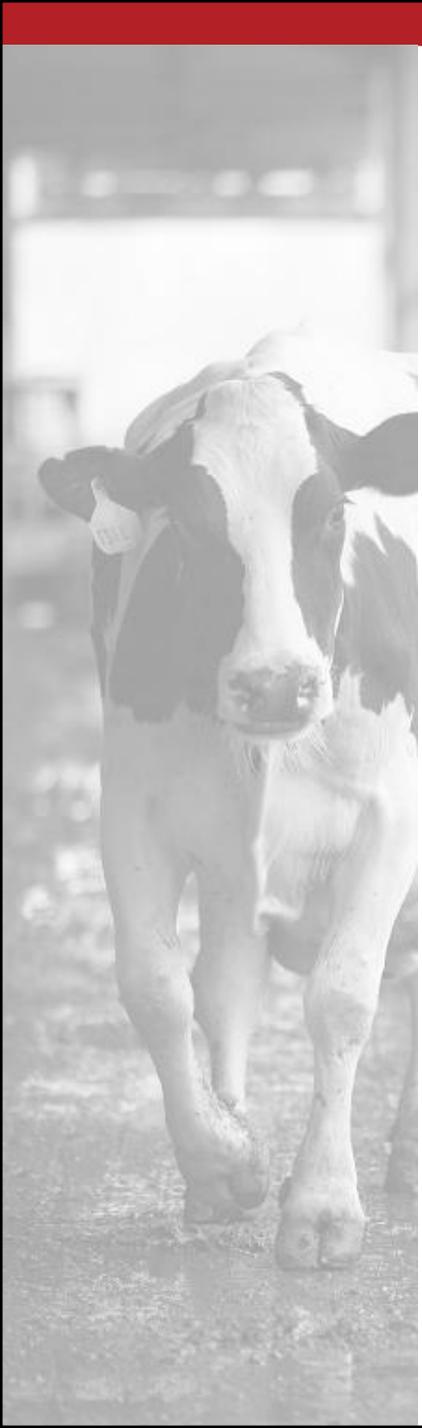


# Does treatment fix this economic loss?

- Treating hyperketonemic cows reduces some milk loss and subsequent disease risk.

*But not all!*

- Reduce economic losses by:
  1. Monitoring herd-level prevalence
  2. Diagnosing and treating individual cows
  3. Adjusting management to reduce early lactation hyperketonemia



# Applications of hyperketonemia testing

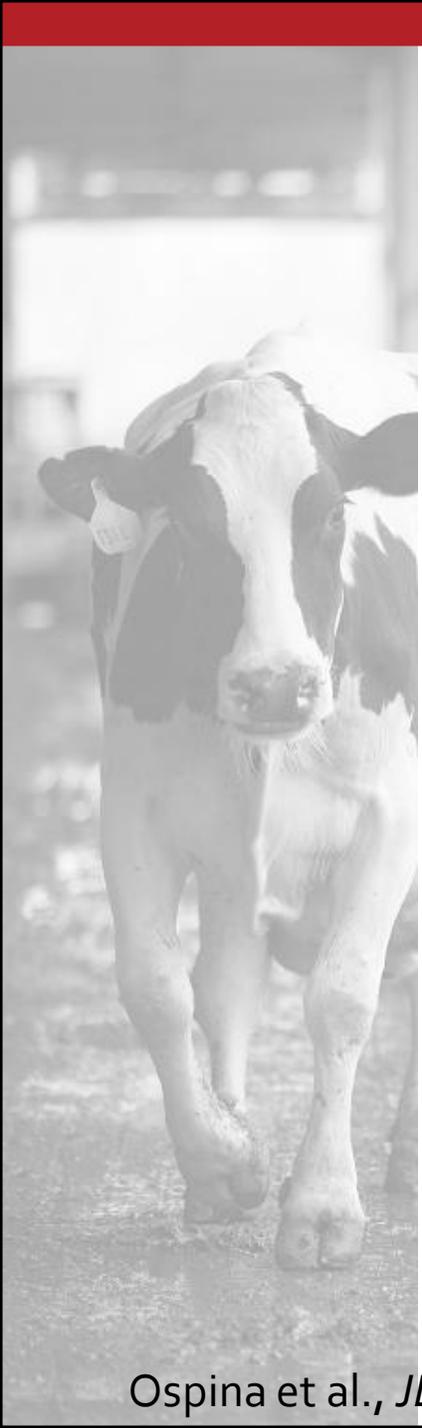
- Identifying individual hyperketonemic cows
  - Cow-side test for treatment decisions
- Identifying herds with hyperketonemia problems
  - Herd-level testing for management decisions



# How many ketotic cows do herds have?

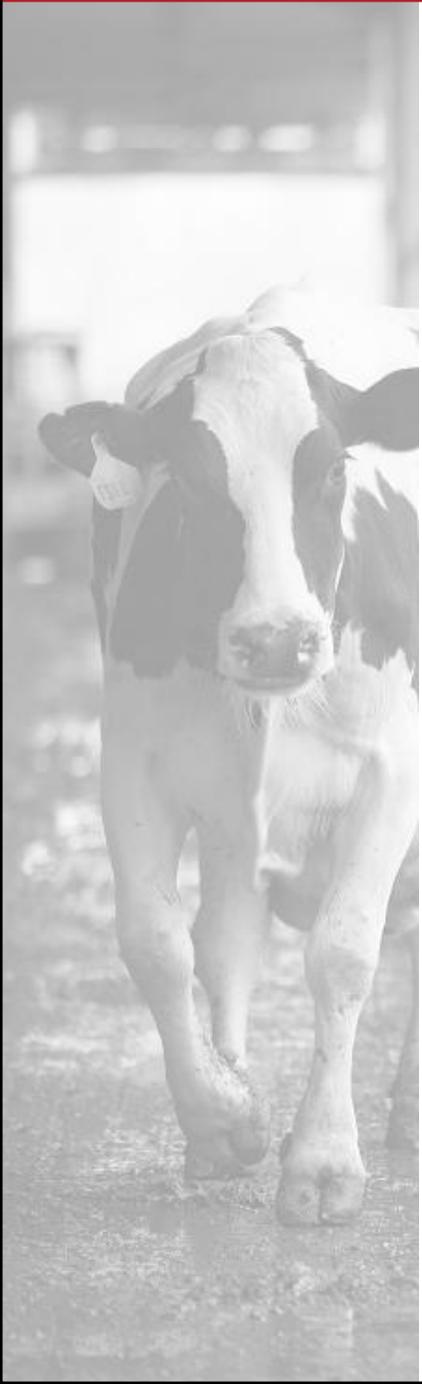
- Incidence:
  - Average ~ 45%
  - Range = 25 to 85%
- Prevalence:
  - Average ~ 20%
  - Range = 0-70%

*What is the difference between  
incidence and prevalence??*



# Incidence

- Number of new cases of ketosis within a period of time / number of cows at risk
- *Example:*
  - 20 cows are measured for ketosis daily from 1-21 d in milk
  - 10 diagnosed as ketotic at some point between 1-21 d in milk
  - Incidence =  $10/20 = 50\%$
- Requires repeatedly measuring the same cows
- Often only in research studies



# Prevalence

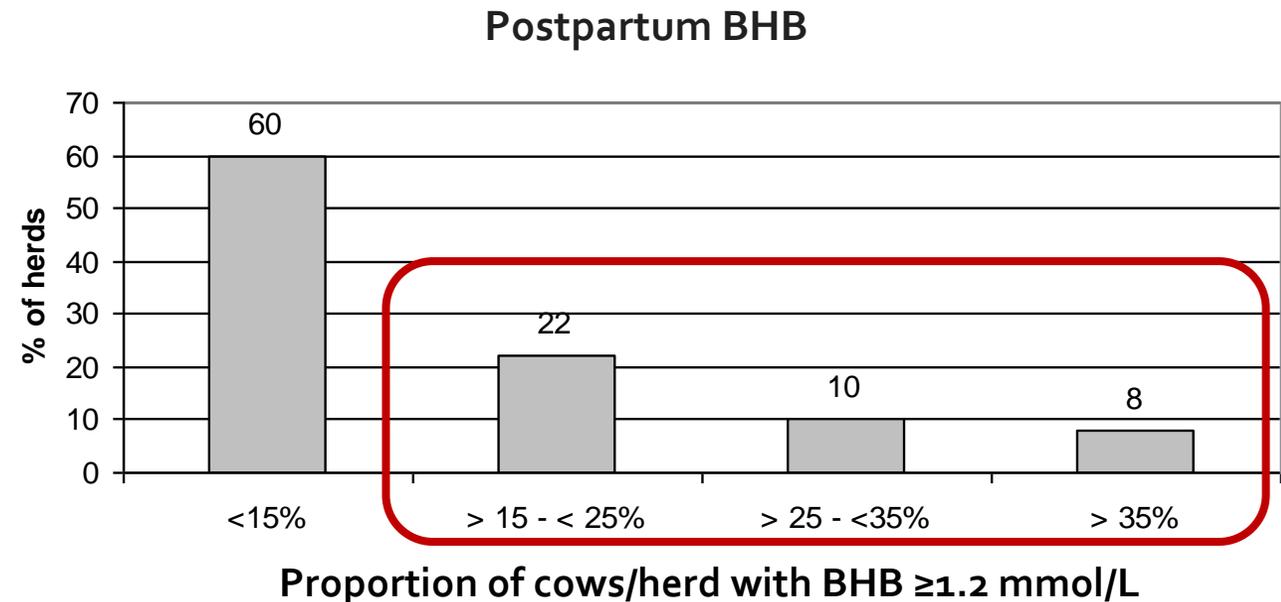
- Number of cases of ketosis measured on a single day/  
number of cows measured on that day
- *Example:*
  - 20 cows between 1-21 d in milk are measured for ketosis on 10/03/2023
  - 5 diagnosed as ketotic on 10/03/2023
  - Prevalence =  $5/20 = 25\%$
- Most common method of herd-level monitoring
- For ketosis, prevalence is lower than incidence
- Multiply prevalence by 2 to 2.5 to estimate incidence



# Hyperketonemia at the herd level

- Herds with  $\geq 15$  to 25% of sampled cows with elevated postpartum BHB
  - Increased postpartum disease
  - Poorer reproduction
  - Lower milk production

*40% of herds above herd alarm level!*





How do we measure  
herd-level disease?

# Herd-level hyperketonemia monitoring

- Goal: determine herd-level prevalence
  - Sample cows between 3 to 16 DIM
  - A larger sample size will result in a more precise estimate
- Which cows to sample?
  - All cows in DIM range are eligible
  - Most really sick cows will not be hyperketonemic
- Consistent sampling method
  - Cow selection
  - Measurement method
  - Time of day

# What if I don't have enough cows to test?

## 1) Monitor incidence

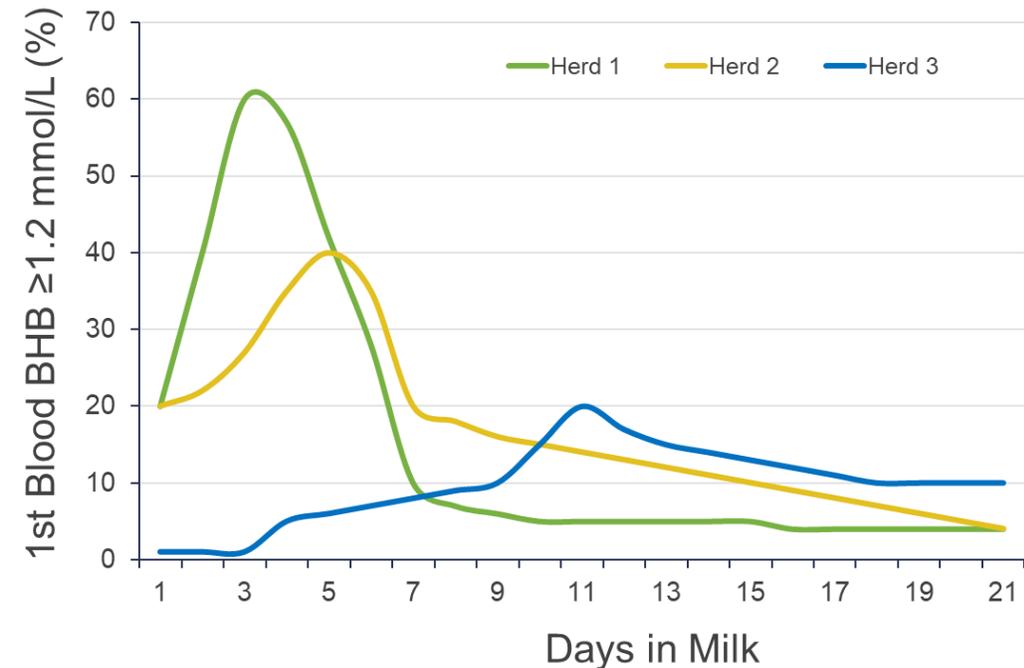
- Test fresh cows 2 x per week
- Gives you a rolling herd-level incidence and you find all ketotic cows to treat
- *Example:*
  - Farm calves 4 cows per month
  - You test all cows 3-16 DIM on Mondays and Thursdays
  - Monthly incidence = # ketotic cows/4 cows that calved that month
  - Rolling year incidence = # ketotic cows/all cows that calved in the previous 12 months

## 2) Monitor prevalence

- Once per week or month measure all cows in DIM range
- Add that information to previously collected data
- Gives you a rolling herd-level prevalence
- *Example:*
  - Farm calves 4 cows per month
  - You test all cows 3-16 DIM the first Monday of every month
  - Monthly prevalence = # ketotic cows/4 cows that calved that month
  - Rolling year prevalence = # ketotic cows/all cows that calved in the previous 12 months

# Interpretation of herd-level BHB monitoring

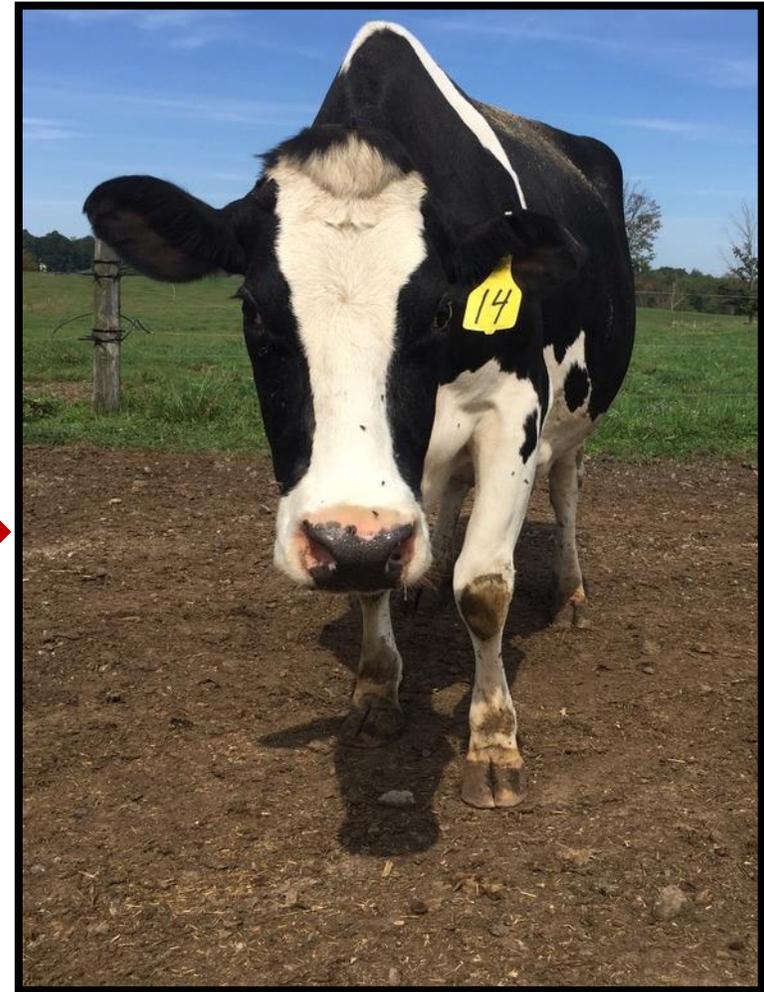
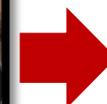
- Goal  $\leq 15\%$  prevalence of cows with BHB  $\geq 1.2$  mmol/L
  - Treat hyperketonemic cows according to farm protocols
  - Consider blanket treatment if prevalence is  $\geq 40\%$
- Monitor prevalence over time
- Prevalence estimates in smaller herds much more variable
- Blood or milk





Why is knowing the cost  
of ketosis important?

# Ketosis cost: diagnosis & treatment



# True cost of hyperketonemia

- How much does hyperketonemia cost?
  - Not just diagnosis and treatment costs!
  - Milk loss
  - Increased risk of other diseases
  - Several other hidden costs



- Understanding cost helps frame economics of prevention

# Two types of costs

- Component cost:
  - Consequences of the impact of hyperketonemia on milk production, treatment, and culling
  - Cost without consideration of other associated disease impacts
- Total cost:
  - Component cost
  - Cost of other diseases attributable to hyperketonemia

# Component cost of disease

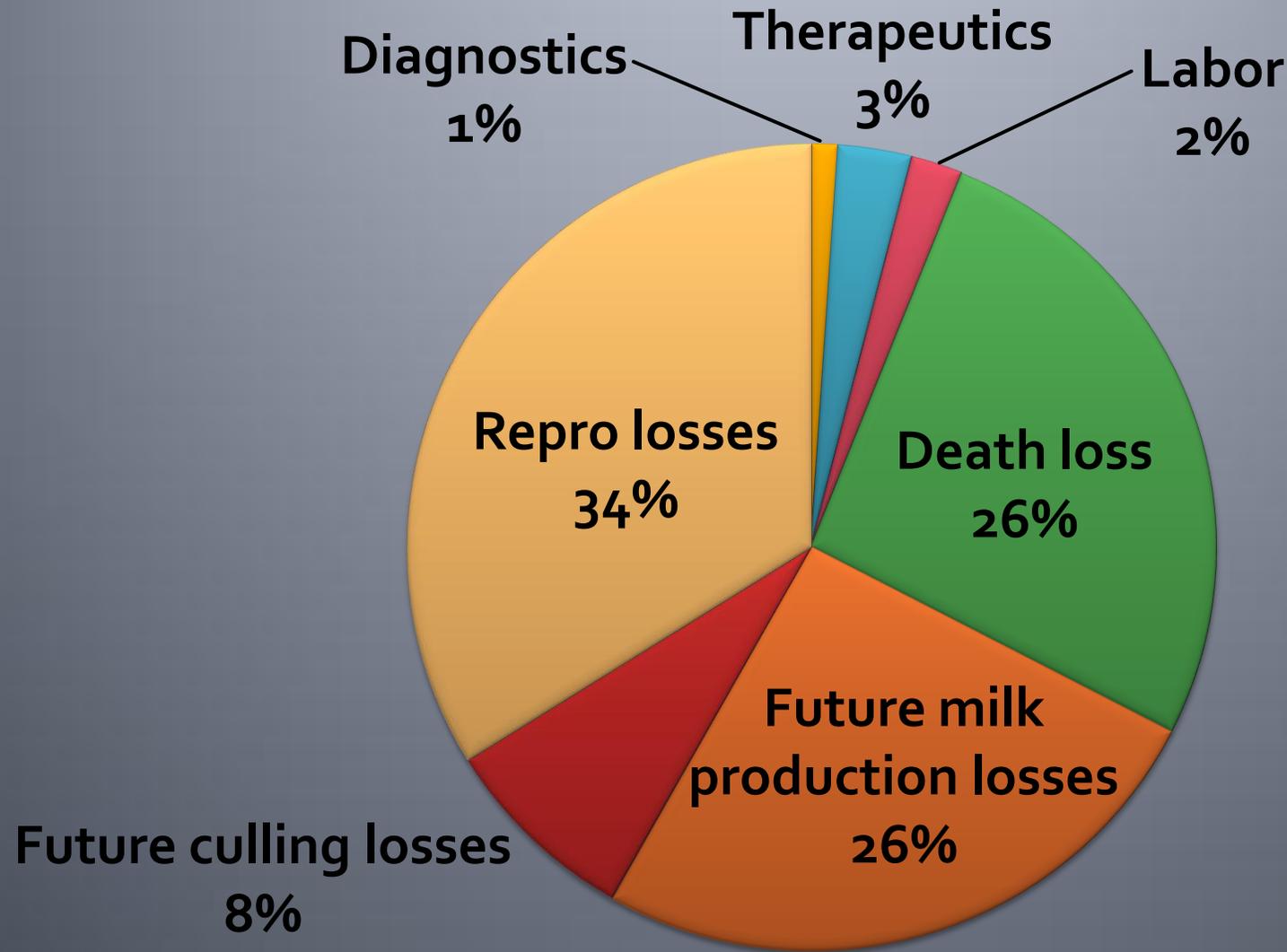
= direct costs + indirect costs

- Direct costs:
  - Diagnostics
  - Therapeutics
  - Discarded milk
  - Veterinary service
  - Labor
  - Death loss
- Indirect costs:
  - Future milk production losses
  - Future culling losses
  - Repro losses

# Component cost of hyperketonemia

	Cost per case LACT = 1	Cost per case LACT >1	Avg. cost per case
<b><i>Direct Cost of Hyperketonemia</i></b>			
<b>Diagnostics</b>	(\$1)	(\$1)	(\$1)
<b>Therapeutics</b>	(\$3)	(\$3)	(\$3)
<b>Discarded milk</b>	\$0	\$0	\$0
<b>Veterinary service</b>	\$0	\$0	\$0
<b>Labor</b>	(\$2)	(\$2)	(\$2)
<b>Death loss</b>	(\$36)	(\$29)	(\$31)

# Component cost of hyperketonemia



# Total cost of disease

= component cost + attributable costs

- Attributable diseases: DA and metritis
  - Calculated using same method as for hyperketonemia
  - Direct costs and indirect costs
- 88% of DA cases attributable to hyperketonemia
- 70% of metritis cases attributable to hyperketonemia

# Total cost of hyperketonemia

	Cost per case LACT = 1	Cost per case LACT >1	Avg. cost per case
<i>Component Cost of Hyperketonemia</i>			
Direct Cost of Hyperketonemia	(\$43)	(\$36)	(\$38)
Indirect Cost of Hyperketonemia	(\$90)	(\$75)	(\$79)
<b>Total</b>	<b>(\$134)</b>	<b>(\$111)</b>	<b>(\$117)</b>

# Economic impact of hyperketonemia

- Different calculations for cost of hyperketonemia
  - McArt et al., *JDS*, 2015: us\$289 per case (€255)
  - Raboisson et al., *PVM*, 2015: €257 (range = €72 – €442)
- Emphasizes impact of management and prevention
- Per 100 calvings in a herd with a 20% prevalence:
  - 40% of fresh cows are hyperketonemic  
 $100 \times 0.40 \times €255 \sim €10,200$
  - Decrease prevalence from 20% to 10%: ~ €5,100



How do we prevent or reduce hyperketonemia incidence?

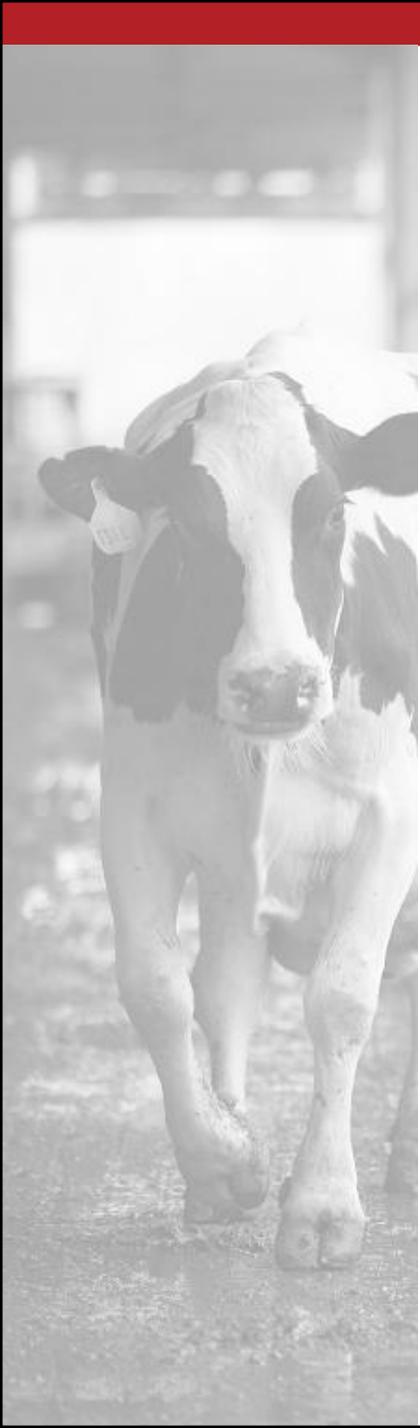
# Dry cow prevention – nutrition

- Access to water
- Controlled energy diet
- Monensin
  - Controlled release capsule, given 3 wk prior to calving, 335 mg per d for 95 d
  - Meta-analyses show reduced BHB concentration, increased milk yield
- Rumen-protected choline



# Dry cow prevention – social factors

- Limit pen moves
- Stocking density:
  - Reduced stocking density helps during regrouping
    - Decreases feed bunk displacements
    - Increases lying time
  - Not a big difference between 80% and 100% prepartum



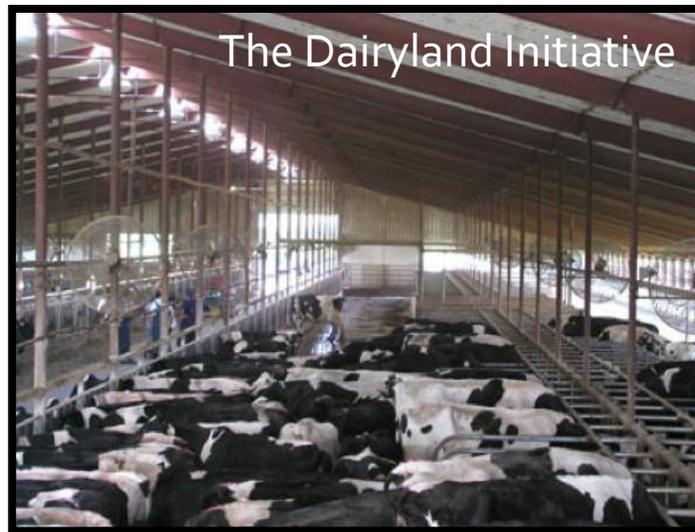
# Dry cow prevention – heat abatement!

- Heat stress during late gestation:
  - Impaired mammary growth
  - Decreased milk production
- In utero exposure to heat stress:
  - Decreased weight gain (0.2 kg/d)
  - Less likely to enter milking herd (66% vs. 85%)
  - Produced less milk (5 kg/d)



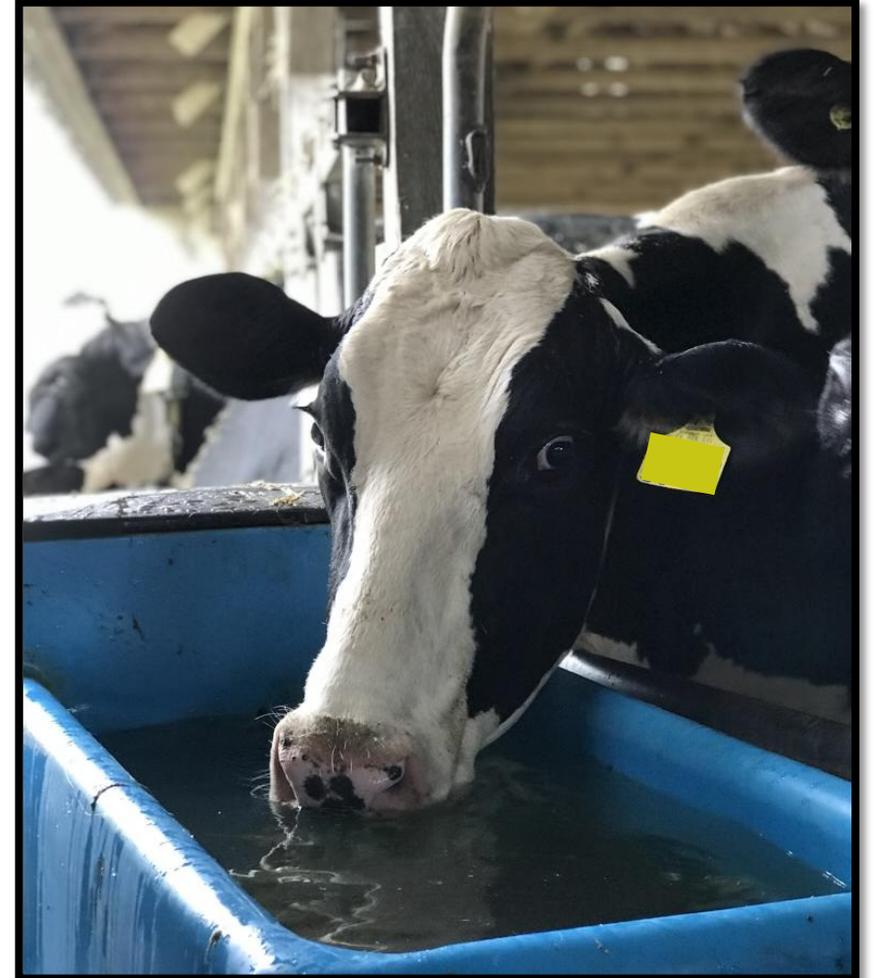
# Dry cow prevention – heat abatement

- Fans/air flow
- Soakers
- Fly control
- Shade



# Fresh cow prevention – nutrition

- Access to water
- Access to fresh feed!
- High starch diet with good rumen health/fiber
- Monensin (largest time of impact)
- Other dietary supplements: rumen-protected choline, branched-chain amino acids



# Fresh cow prevention – other factors

- Heifers separate from cows if possible
- Stocking density <85%
- Heat abatement
- Good health monitoring



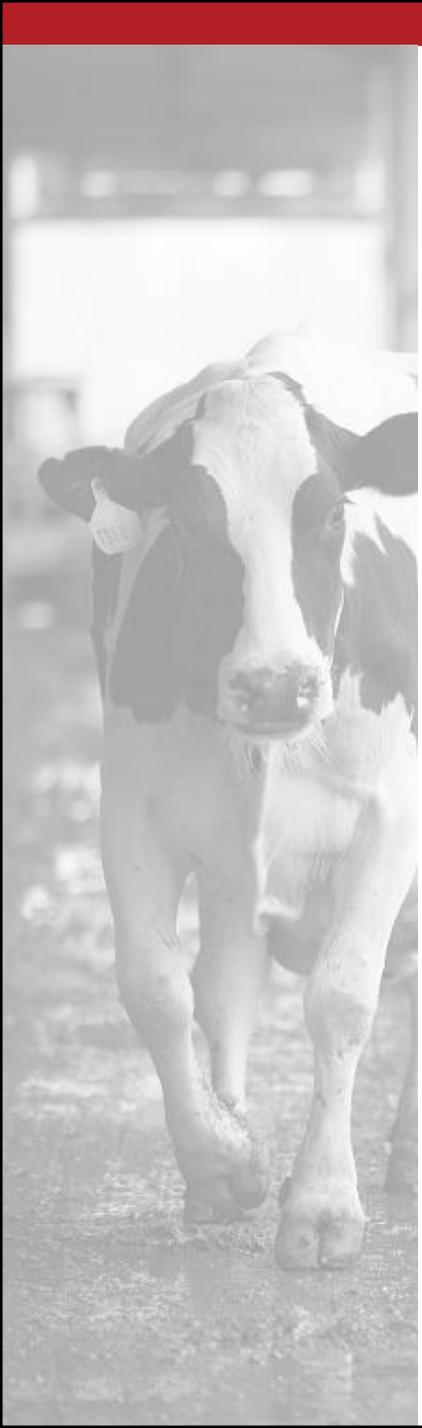
# Summary of prevention:

- Feed them right!
- Keep them comfortable.
  - Heat abatement
  - Decrease social stressors
- Monitor production and disease.
- Adjust nutrition and management to keep hyperketonemia prevalence  $<15\%$ .



# Is it worth it?

- Current management and resulting farm hyperketonemia incidence has a cost.
- Making no change:
  - choosing to maintain cost
- Adjusting management to reduce ketosis incidence:
  - choosing to reduce cost



# Summary



- Excessive energy deficit is prevalent in early lactation cows.
- Hyperketonemia is an expensive disease that increases the risk for other expensive diseases.
- Routine monitoring is important.
- Prevention through appropriate transition period management and nutrition is key.

# Acknowledgements

[jmcart@cornell.edu](mailto:jmcart@cornell.edu)  
[blogs.cornell.edu/jessmcartlab](https://blogs.cornell.edu/jessmcartlab)

  [jmcartdvm](#)

